
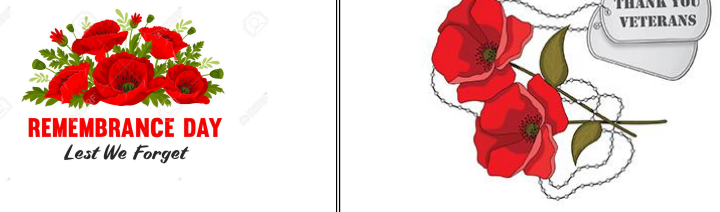







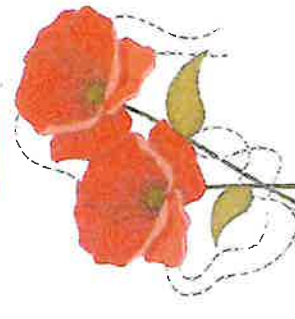

# 314 NOVEMBER 2024 CHELSEY PARK RECREATION CALENDAR

| SUNDAY  | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  | SATURDAY   |
|---|---|---|--|--|---|--|
|   | <p><b>LOCATION</b><br/> <b>314 Lobby (314 Lob)</b><br/> <b>Auditorium (AUD)</b><br/> <b>Friendship Lounge (FL)</b><br/> <b>Nature's Nook (NN)</b><br/> <b>Nursing Home Activity Room (NHAR)</b><br/> <b>Tulip Room 3rd Floor (TR)</b></p> |    |  | <p>Store Hours<br/> M-F 10-3<br/> Sat/Sun 11:15-3<br/> 519-434-3164</p>  | <p><b>10:00</b> Chair Yoga (NN) <b>1</b><br/> <b>2:00</b> BINGO (NN)</p>  | <b>2</b>   |
| <p><b>9:30</b> Sunday Morning Coffee Social (NN) <b>3</b><br/> <b>2:30</b> Sunday Celebrations and communion with Pastor Jiji (AUD)</p> | <p><b>12:00</b> Mini Putt (NN) <b>4</b></p>   | <p><b>10:00</b> The Walking Group (NN) <b>5</b><br/> <b>2:00</b> Knitting Group (TR)<br/> <b>2:30</b> Entertainment By Michael Warren (AUD)</p> | <p><b>10:00</b> TARA Representative's Meeting (closed) (NN)<br/> <b>2:00</b> Wheel of Fortune (NN) <b>6</b></p>                                | <p><b>10:00</b> Fun and Fitness (NN) <b>7</b><br/> <b>2:00</b> Euchre (NN)</p>   | <p><b>10:00</b> Chair Yoga (NN) <b>8</b><br/> <b>2:00</b> BINGO</p>       | <p><b>10:00</b> Pedal Power (AUD) <b>9</b><br/> <b>2:00</b> Scrabble (NN)</p>              |
| <p><b>9:30</b> Sunday Morning Coffee Social (NN) <b>10</b><br/> <b>2:30</b> Sunday Celebrations with Pastor Paul (AUD)</p>              | <p><b>Remembrance Day</b> <b>11</b><br/> Remembrance Day<br/> Veterans Day<br/> Veterans Day<br/> Veterans Day<br/> <b>10:45</b> Remembrance Day Service (AUD)</p>  | <p><b>2:00</b> Knitting Group (TR) <b>12</b></p>  | <b>13</b>  | <p><b>2:00</b> Euchre (NN) <b>14</b></p>   | <p><b>10:00</b> Chair Yoga (NN) <b>15</b><br/> <b>2:00</b> BINGO (NN)</p> | <b>16</b>  |
| <p><b>2:30</b> Sunday Celebrations with Dorothy (AUD) <b>17</b></p>   | <p><b>10:00</b> Kiwanis Christmas Cake (FL) <b>18</b><br/> <b>12:00</b> Charades (NN)<br/> <b>5:00</b> Wine &amp; Cheese Night (SIGN UP REQUIRED \$10.00) (AUD)</p>   | <p><b>10:00</b> The Walking Group (NN) <b>19</b><br/> <b>2:00</b> Cribbage (NN)<br/> <b>2:00</b> Knitting Group (TR)</p>                        | <p><b>10:00</b> Fun and Fitness (NN) <b>20</b><br/> <b>10:00</b> Kiwanis Christmas Cake (314 Lob)<br/> <b>2:00</b> A minute to WIN It (NN)</p> | <p><b>10:00</b> Fun and Fitness (NN) <b>21</b><br/> <b>2:00</b> Euchre (NN)<br/> <b>2:30</b> Ukes on the RUN! (AUD)</p>  | <p><b>10:00</b> Chair Yoga (NN) <b>22</b><br/> <b>2:00</b> BINGO (NN)</p> | <p><b>10:00</b> Drum Fit (NN) <b>23</b><br/> <b>2:00</b> Seated Beach Volleyball (AUD)</p> |
| <p><b>9:30</b> Sunday Morning Coffee Social (NN) <b>24</b><br/> <b>2:30</b> Sunday Celebrations with Jean (AUD)</p>                     | <b>25</b>   | <p><b>2:00</b> Knitting Group (TR) <b>26</b></p>  | <p><b>10:00</b> Catholic Communion (NHAR) <b>27</b><br/> <b>5:00</b> Lighting of the Lights (NN)</p>   | <p><b>Thanksgiving Day</b> <b>28</b><br/> Thanksgiving Day<br/> Thanksgiving Day<br/> <b>2:00</b> Euchre (NN)<br/> <b>2:30</b> Monthly Birthday Party Entertainment by Lisa Jane (AUD)</p> | <p><b>10:00</b> Chair Yoga (NN) <b>29</b><br/> <b>2:00</b> BINGO (NN)</p> | <b>30</b>  |

# 312 NOVEMBER 2024 CHELSEY PARK RECREATION CALENDAR

| SUNDAY  | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   | SATURDAY   |
|---|---|--|---|---|--|--|
|   | <b>LOCATION</b><br><b>Auditorium (AUD)</b><br><b>Cherryview Lounge 2nd Floor (CV)</b><br><b>Foot Care 2nd Floor (Apt 2G)</b><br><b>Friendship Lounge Rm 102 (FL)</b><br><b>Nature's Nook (NN)</b><br><b>Nursing Home Activity Room (NHAR)</b><br><b>Tulip Room 3rd Floor (TR)</b> |   |    |    | <b>1</b>   | <b>10:00</b> Watercolour Painting (CV) <b>2</b><br><b>2:30</b> Beach Ball Bash (AUD)<br><b>7:00</b> Movie Night "About a Boy" (CV) |
| <b>Day Light Savings Ends</b><br><b>9:30</b> Manicures (AUD)<br><b>2:30</b> Sunday Celebrations and Communion with Special Guest: Paster Jiji (AUD) | <b>3</b><br><b>9:00am-4:30pm</b> Foot Care Clinic (Sign up required) (Apt 2G) <b>4</b>  | <b>5</b><br><b>9:00am-4:30pm</b> Foot Care Clinic (Sign up required) (Apt 2G)<br><b>9:30</b> Fun and Fitness (AUD)<br><b>10:30</b> Music Appreciation "Wartime Memories" (CV)<br><b>2:30</b> Entertainment By Mike Warren (AUD)<br><b>2:30</b> Scrabble (CV) | <b>6</b><br><b>9:00am-4:30pm</b> Foot Care Clinic (Sign up required) (Apt 2G)<br><b>10:00</b> Tara Representative's Meeting (Closed) (NN)<br><b>2:00</b> BINGO (AUD)                      | <b>7</b><br><b>10:00</b> Christmas Bazaar Baking "Brownies" (TR)<br><b>2:00</b> Christmas Bazaar Baking "Peanut Butter Blossom Cookies" (TR)  | <b>8</b><br><b>2:00</b> Euchre (AUD)   | <b>9</b><br><b>7:00</b> Movie Night "Driving Miss Daisy" (CV)  |
| <b>2:30</b> Sunday Celebrations Special Guest: Paster Paul (AUD) <b>10</b>  | <b>11</b><br><b>Remembrance Day</b><br><b>10:45</b> Remembrance Day Service (AUD)<br><b>2:30</b> One to One Visits  | <b>12</b><br><b>9:30</b> Fun and Fitness (AUD)<br><b>10:30</b> Indoor Walks to Nature's Nook (AUD)<br><b>2:00</b> Euchre (AUD)<br><b>2:30</b> Scrabble (CV)  | <b>13</b><br><b>10:00am-3:00pm</b> Flu Vaccination Clinic 2nd & 3rd Floors (AUD)<br><b>9:30</b> Fun and Fitness (CV)<br><b>10:30</b> Word Games (CV)<br><b>2:30</b> Apples to Apples (CV) | <b>14</b><br><b>10:00am-3:00pm</b> Flu Vaccination Clinic 4th and 5th Floors (AUD)<br><b>10:00</b> Christmas Bazaar Baking "Magic Bars" (TR)<br><b>2:00</b> Christmas Bazaar Baking "Cinnamon Bread" (TR) | <b>15</b>  | <b>16</b><br><b>9:30</b> Manicures (CV)<br><b>2:30</b> Hot Chocolate Social (FL)<br><b>7:00</b> Movie Night "Going In Style" (CV)  |
| <b>10:30</b> BINGO (AUD) <b>17</b><br><b>2:30</b> Sunday Celebrations with Dorothy (AUD)  | <b>18</b><br><b>10:00am-1:00pm</b> Kiwanis Club Christmas Cake Sale (FL)  | <b>19</b><br><b>9:30</b> Fun and Fitness (AUD)<br><b>10:30</b> You Name the Tune (CV)<br><b>2:00</b> Euchre (AUD)<br><b>2:30</b> Scrabble (CV)   | <b>20</b><br><b>10:00am-1:00pm</b> Kiwanis Club Christmas Cake Sale (314 Lobby)<br><b>9:30</b> Fun and Fitness (AUD)<br><b>10:30</b> Word Games (CV)<br><b>2:00</b> BINGO (AUD)           | <b>21</b><br><b>10:00</b> Christmas Bazaar Baking "Jam Cookies" (TR)<br><b>2:30</b> Entertainment by Ukes on the Run (AUD)  | <b>22</b><br><b>9:30</b> Pedal Power (AUD)<br><b>10:30</b> Chair Yoga (AUD)<br><b>2:30</b> Mini Putt (AUD) | <b>23</b><br><b>7:00</b> Movie Night "Secondhand Lions" (CV)   |
| <b>2:30</b> Sunday Celebrations with Special Guest: Jean (AUD) <b>24</b>  | <b>25</b><br><b>10:00</b> Beach Ball Bash (AUD)<br><b>2:00</b> BINGO (AUD)  | <b>26</b><br><b>9:30</b> Fun and Fitness (AUD)<br><b>10:30</b> Indoor Walks to Nature's Nook (AUD)<br><b>2:00</b> Euchre (AUD)<br><b>2:30</b> Scrabble (CV)  | <b>27</b><br><b>10:00</b> Catholic Mass (NHAR)<br><b>7:00</b> Lighting of the Lights (Center Courtyard)   | <b>28</b><br><b>Thanksgiving Day</b><br><b>10:00</b> Christmas Bazaar Prep "Cookies in a Jar" (TR)<br><b>2:30</b> Monthly Birthday Party Entertainment by Lisa Jane (AUD)                                 | <b>29</b>  | <b>30</b><br><b>9:30</b> Crokinole (CV)<br><b>2:30</b> Sing Along (CV)<br><b>7:00</b> Movie Night "On Golden Pond" (CV)            |

# NOVEMBER 2024 CHELSEY PARK POOL CALENDAR

| SUNDAY  | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  | SATURDAY  |
|---|--|---|--|---|---|-----------|
|  |  |   |   |   | 7:15am <b>Recreational Swim</b> <b>1</b><br>8:30am <b>AquaFit</b><br>10:00am <b>Joint Fit</b><br>1:15pm <b>Recreational Swim</b>                                | <b>2</b>  |
| <b>3</b>  | 7:15am <b>Recreational Swim</b> <b>4</b><br>8:30am <b>AquaFit</b><br>10:00am <b>Joint Fit</b><br>1:15pm <b>Recreational Swim</b><br>2:00pm <b>Aqua Walking</b>   | <b>5</b>  | 7:15am <b>Recreational Swim</b> <b>6</b><br>8:30am <b>AquaFit</b><br>10:00am <b>Joint Fit</b><br>1:15pm <b>Recreational Swim</b><br>2:00pm <b>NOVember Moves</b> | <b>7</b>  | 7:15am <b>Recreational Swim</b> <b>8</b><br>8:30am <b>AquaFit</b><br>10:00am <b>Joint Fit</b><br>1:15pm <b>Recreational Swim</b><br>2:00pm <b>Aqua Yoga</b>     | <b>9</b>  |
| <b>10</b>   | <b>11</b><br><b>Remembrance Day</b><br><b>We Are Open</b><br>7:15am <b>Recreational Swim</b><br>8:30am <b>AquaFit</b><br>10:00am <b>Joint Fit</b><br>1:15pm <b>Recreational Swim</b><br>2:00pm <b>Aqua Walking</b> | <b>12</b>   | 7:15am <b>Recreational Swim</b> <b>13</b><br>8:30am <b>AquaFit</b><br>10:00am <b>Joint Fit</b><br>1:15pm <b>Recreational Swim</b><br>2:00pm <b>AquaFit</b>       | <b>14</b>   | 7:15am <b>Recreational Swim</b> <b>15</b><br>8:30am <b>AquaFit</b><br>10:00am <b>Joint Fit</b><br>1:15pm <b>Recreational Swim</b><br>2:00pm <b>Pool Darts</b>   | <b>16</b> |
| <b>17</b>   | 7:15am <b>Recreational Swim</b> <b>18</b><br>8:30am <b>AquaFit</b><br>10:00am <b>Joint Fit</b><br>1:15pm <b>Recreational Swim</b><br>2:00pm <b>Mouseketeers</b>  | 7:15am <b>Recreational Swim</b> <b>19</b><br>8:15am <b>AquaFit</b><br>10:00am <b>Joint Fit</b><br>1:15pm <b>Recreational Swim</b> | 7:15am <b>Recreational Swim</b> <b>20</b><br>8:30am <b>AquaFit</b><br>10:00am <b>Joint Fit</b><br>1:15pm <b>Recreational Swim</b><br>2:00pm <b>AquaFit</b>       | 7:15am <b>Recreational Swim</b> <b>21</b><br>8:15am <b>AquaFit</b><br>10:00am <b>Joint Fit</b><br>1:15pm <b>Recreational Swim</b> | 7:15am <b>Recreational Swim</b> <b>22</b><br>8:30am <b>AquaFit</b><br>10:00am <b>Joint Fit</b><br>1:15pm <b>Recreational Swim</b><br>2:00pm <b>Pool Bowling</b> | <b>23</b> |
| <b>24</b>   | 7:15am <b>Recreational Swim</b> <b>25</b><br>8:30am <b>AquaFit</b><br>10:00am <b>Joint Fit</b><br>1:15pm <b>Recreational Swim</b><br>2:00pm <b>Aqua Resistance</b>   | 7:15am <b>Recreational Swim</b> <b>26</b><br>8:15am <b>AquaFit</b><br>10:00am <b>Joint Fit</b><br>1:00pm <b>LTC Rental 1-3pm</b>  | 7:15am <b>Recreational Swim</b> <b>27</b><br>8:30am <b>AquaFit</b><br>10:00am <b>Joint Fit</b><br>1:15pm <b>Recreational Swim</b><br>2:00pm <b>Aqua Cycle</b>    | 7:15am <b>Recreational Swim</b> <b>28</b><br>8:15am <b>AquaFit</b><br>10:00am <b>Joint Fit</b><br>1:15pm <b>Recreational Swim</b> | 7:15am <b>Recreational Swim</b> <b>29</b><br>8:30am <b>AquaFit</b><br>10:00am <b>Joint Fit</b><br>1:15pm <b>Recreational Swim</b><br>2:00pm <b>Pool Pong</b>    | <b>30</b> |